

EXCERPTS (I)
from “Jade and the Blessed Mysteries of Life”
François Garagnon

« She was speaking of a flame, but not like other flames, a flame at the same time very small and fragile and that, although exposed to wind, would never go out, would not stop dancing, to give warmth, light and joy to all those that came near.

« Her rule of savoir-vivre is not to avoid putting one’s elbows on the table. It is to learn to stand straight. Understand : a straight spirit. To be fully worthy to take part in the feast of life. »